

## **My Special Place in the World**

Miles and miles down chasms and canyons  
unbelievable beauty of place return and balance.

I have seen the salmon  
in its mighty struggle against death  
leap over jagged rocks  
risking all; a message to the timid.  
I'm a witness to perfection repeated  
a thousand times.

A lucky person.

-JL

From the river

## **Jerome's Prayer Above Heavy Rapids**

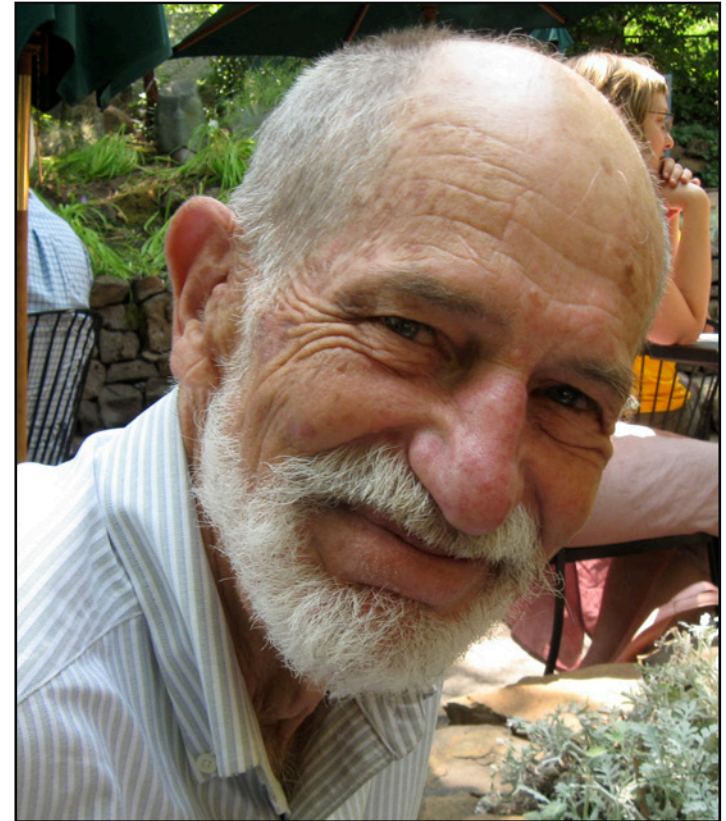
A good spirit  
A brave heart  
A clear head  
A steady hand.

-JL

## **Jerome's Epitaph**

He ran a pretty good race,  
Should have run a little harder,  
Stayed on the race.  
Was as true as he could be to his friends and his ideals  
Loved the beauty of the world.

-JL



# Jerome Lengyel

April 30, 1934 – February 9, 2009

# METTA SUTTA

This is what should be accomplished by the one who is wise,  
Who seeks the good and has obtained peace:

Let one be strenuous, upright and sincere,  
Without pride, easily contented and joyous.

Let one not be submerged by the things of the world.

Let one not take upon one's self the burden of riches.

Let one's senses be controlled.

Let one be wise but not puffed up,

And let one not desire great possessions, even for one's family.

Let one do nothing that is mean

Or that the wise would reprove.

May all beings be happy.

May they be joyous and live in safety.

All living beings, whether weak or strong,

In high or middle or low realms of existence,

Small or great, visible or invisible, near or far,

Born or to be born, may all beings be happy.

Let no one deceive another, nor despise any being in any state;

Let none by anger or hatred wish harm to another.

Even as a mother at the risk of her life watches over and

Protects her only child, so with a boundless mind should one

Cherish all living things, suffusing love over the entire world,

Above, below, and all around, without limit; so let one cultivate

An infinite good will toward the whole world.

Standing or walking, sitting or lying down, during all one's

Waking hours, let one practice the Way, with gratitude.

Not holding to fixed views, abandoning vague discussions,

Endowed with insight, freed from sense appetites,

One who achieves the way will be freed from the duality of birth and death.

# PROGRAM

## Gathering

JS Bach, Jennifer Heidmann, piano

## Welcome

Reverend Dan Price

## Opening and Metta Sutta Unison Reading

Milli and Michael Quam

## Prepared Remarks

Jack Irvine

Harvey Kelsey

Grant Werschull

Richard Wolf

Nathan Shishido

Michael Quam

Family Member Tributes

## Open Remarks

## Reflection

Sonata Opus 13 Adagio cantabile, Ludwig van Beethoven

Jennifer Heidmann, piano

## Closing

David Groe